



Enabling local people to live longer and healthier lives that are full, active and meaningful
Love Pudsey Charity Number 1153331

Robin Lane Health and Wellbeing Charity

Charity : 1153331

Trustees' Annual Report & Financial Statements

1 April 2017 - 31 March 2018

TRUSTEES' ANNUAL REPORT and FINANCIAL STATEMENTS
For the year from 1 April 2017 to 31 March 2018

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TRUSTEES' ANNUAL REPORT

For the year from 1 April 2017 to 31 March 2018

The Trustees present their annual report and financial statements for the year ended 31 March 2018, along with the independent examiner's report.

Reference and administration details

The charity is registered as Robin Lane Health and Wellbeing Charity, and is also known as "Pudsey Wellbeing Centre" and "Love Pudsey".

The charity was registered with the Charity Commission on 9 August 2013: number 1153331.

The principal office and operating address of the charity is
23 Robin Lane, Pudsey, West Yorkshire LS28 7BR

The following were charity Trustees on the date of approval of the Trustees' Annual Report

Kathleen Mary Hill	
Linda Belderson	
Geoffrey Joseph Thorne	
Noreen Finister	
Patricia Trenaman	Joined July 2017
Carolyn Weaver	Joined October 2017
Isabel Vickers	Joined April 2018
Eleanor Scougall	Joined September 2018
Sophie Gross	Resigned May 2017
Methven Forbes	Resigned October 2017
Laurence Wood	Resigned February 2018
Roderick Wood	Resigned April 2018
Josephine Patricia Diane Jarosz	Resigned May 2018
Mick Coulson	Resigned May 2018
John Telford	Resigned July 2018

Structure, governance and management

The charity is a charitable incorporated organisation (CIO) and is governed by a constitution adopted on 27 July 2013. The charity's only voting members are its charity trustees.

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The charity is managed by a committee of at least 7 and no more than 12 trustees, of which between 6 and 10 are appointed by the trustees at a properly convened meeting and a further 1 or 2 are nominated by Robin Lane Medical Centre. Members serve for three years before seeking re-appointment or nomination.

Two members of staff are employed to organise and manage the day to day running of the charity.

Objectives and activities

The objects of the charity, as set out in its governing document are

- 1) To advance health in Pudsey, both physical and mental, by providing a range of health related activities and interventions to enable people to live longer and healthier lives that are full and meaningful
- 2) To promote for the benefit of the inhabitants of Pudsey and the surrounding area the provision of facilities for recreation or other leisure time occupation of individuals who have need of such facilities by reason of their youth, age, infirmity or disablement, financial hardship or social and economic circumstances or for the public at large in the interests of social welfare and with the object of improving the condition of life of the said inhabitants.

We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities.

The main activities undertaken for the public benefit in relation to these objects are:

- the provision of space within Pudsey Wellbeing Centre for a range of free, volunteer led activities
- a range of activities, services and community events offered through the social, health and volunteering sector.

The charity is a social hub which provides free activities for the community, all run by volunteers.

We currently have 26 groups running at the charity which are open to everybody in the community. Our aim is to support health and wellbeing and improve the quality of life for the general public by giving people an opportunity to meet new people and make new friendships.

Through our volunteer programme the local community can be inspired to get involved and engage with our town. It is an opportunity for people to be creative and enables our volunteers to share their skills or life experiences, as well as being part of a friendly and supportive group.

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All money raised at our events and from charity fundraising is used to provide free activities for the local community.

Achievements and performance: 2017-18

In 2017 – 2018 there were 26 volunteer led groups meeting regularly in the Wellbeing Centre, providing activities, stimulation, interest and a welcoming meeting place for the many local people who benefit from them. We also have businesses, such as Pianoworks piano lessons and Weight Watchers, that complement our objectives and rent space within the Centre thereby providing income for the charity.

Volunteer Led Groups

- Carers Leeds
- Pudsey Art Workshop
- Beading Club
- Invisible Pain Theatre
- Ukulele Group
- Pudsey Adults with Time to Spare
- Walking Group
- Yoga
- Youth Café
- Singing for The Brain
- Dancing with Parkinson's
- Wood Workshop
- Bosom Buddies Breastfeeding Support
- IT workshop
- Raise Your Voice Choir
- Bridge Club
- Spoken Word
- Youth Choir
- Knit, Natter and Crochet Chit Chat
- Happy Stitchers
- Mindfulness and Stress Reduction
- Tai Chi
- Pudsey Chill
- Chair-based exercise
- Craft Group
- Aphasia Leeds UK

This year the charity supported the first group to run outside of the Wellbeing Centre building. A wood workshop has been set up as a space for men to have an open conversation while creating something. The workshop is currently focussed on helping men in particular in response to research which says that suicide is now the biggest killer of men under 45 in the UK. The wood workshop is housed outside of the wellbeing centre because a local volunteer offered his fully equipped workshop as well as his time to run this group. The sessions are run on a one to one basis for 10 weeks. So far we have had two participants for the wood workshop and we are looking forward to welcoming more people in 2018-2019.

The Youth Café has had another successful year there are now 45 members with 15-20 young people attending each week. We decided to open the Youth Café after identifying a gap in the age groups using the wellbeing centre. We had groups for babies, toddlers and new parents and also had groups for working age and retired people but only one group for young people,

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For the year from 1 April 2017 to 31 March 2018

our Youth Choir. The charity applied for some funding from Leeds City Council through the Youth Activity Fund which was granted; the council have also provided the Youth Café with two trained Youth Workers who run the Youth Café alongside Love Pudsey staff and volunteers.

There have been a number of fantastic fundraisers this year; our main fundraising events were our annual Summer Fair and Christmas Craft Market! Both events were well attended and helped raise awareness of the charity in the local community.

The charity raised over £ 530.32 at our Summer Fair in 2017 thanks to the efforts of our wonderful volunteers! The Christmas Craft Market was a great success with 522.39 raised for Love Pudsey. We had performances from two of the Love Pudsey groups "Raise Your Voice" Community Choir and "Luxulele" ukulele group.

A special thank you goes to Dorothy Cossey who organised a fundraising event at a local restaurant. In conjunction with the restaurant she sold tickets for the event and organised an auction raising an incredible £1091.71 for the charity.

We have had good support from local business in Pudsey this year. Santander donated £42.84 towards "The Great Get Together" an event held to bring people in the community together for a celebration.

B&M kindly offered to have collection boxes for the charity next to their tills and Sainsbury's allowed volunteers to give out information about the charity and collect money.

The money from the Leeds Inspired grant was used to fund some excellent performances. All Turn, Eduardo Niebla and Cabaret Heaven were really well received and raised £782 in ticket sales.

Financial review

The Pudsey Wellbeing Centre building, which houses the charity and Café Lux, is owned by the partners at Robin Lane Medical Centre, Pudsey. The charity leases the building for a notional £1 a year. The partners from Robin Lane continued to provide financial support for the charity.

The Trustees raised a total of £88,639 in 2017-18, which is slightly less than in the previous year. During the course of the year, changes were made to how receipts are allocated to provide a more accurate statement of accounts. Receipts from "room & event hire" have increased whilst "donations" have reduced. Unrestricted funds raised account for more than 90% of the total.

A review of room hire and rental charges was undertaken when it became apparent that premises costs were substantially increasing in 2017-18. Hopefully, the changes made will have a positive influence in 2018-19. At the end of 2017-18, the charity was due a refund of £1,471 from Yorkshire Water which was received in April 2018.

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For the year from 1 April 2017 to 31 March 2018

Restricted funds

The arts programme started the year with £5,044 in the fund; a further £2,713 was raised from events and subscriptions from the members of the "Raise Your Voice" choir and £5,922 was paid out in expenses, leaving £1,839 in the fund at the year end. This will be used to fund activities in the coming year.

The grant of £3,228 from Leeds City Council Wellbeing Fund was received in April 2017 to cover the construction costs of a pram shelter built in the previous financial year. Unfortunately, the shelter had to be dismantled in early summer after being severely damaged by vandals and rendered unusable.

Leeds Council Youth Activity Fund continued to be used to fund workshops for young people during the Youth Café sessions. As this grant is paid in arrears no funds were received in the 2017-18 financial year but an instalment of £1,520 was received in April 2018.

Yorkshire Building Society funded a training course for the Bosom Buddies Breastfeeding Support group with a grant of £1,500 which was received and spent entirely in March 2018.

No funds were materially in deficit.

Reserves Policy

The charity's current reserves policy is to maintain a contingency fund of approximately £5,000 as a reserve against potential cash-flow issues. Trustees will continue to keep that figure under review. The level of reserves held at the year end amounted to £5,980, which although it is within the desired range, is a significant reduction on the previous year and reflects the challenging financial environment faced by the charity in the financial year.

Declaration

The Trustees declare that they have approved the Trustees' report above.

Signed on behalf of the charity's Trustees.

Signatures

Full name Kate Hill
 Position Chairperson
 Date xxxx 2018

Trustee
 xxxx 2018

INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS

For the year from 1 April 2017 to 31 March 2018

Report to the trustees of Love Pudsey, registered charity number 1153331.

I report on the accounts of the charity for the year ended 31 March 2018, set out on pages 10-12.

Respective responsibilities of trustee and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility

- to examine the accounts under section 145 of the Charities Act
- to follow the procedures laid down in the general directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination is carried out in accordance with general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention, other than that disclosed overleaf

- (1) which gives me reasonable cause to believe that in any material respect the requirements :
 - to keep accounting records in accordance with section 130 of the Charities Act, and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met, or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed _____

date 2018

STATEMENT of RECEIPTS & PAYMENTS

For the year from 1 April 2017 to 31 March 2018

	Unrestricted funds £	Restricted funds £	Total funds 2017-18 £	Last year 2016-17 £
RECEIPTS				
Room & event hire	67,222	30	67,252	26,265
Events	2,641	1,072	3,713	1,662
Donations	6,203	-	6,203	45,986
Fundraising	2,914	2,558	5,472	6,549
Grants	1,000	4,789	5,789	13,073
Miscellaneous	210	-	210	-
<i>Sub total</i>	80,180	8,449	88,639	93,535
Asset and investment sales, etc			-	-
Total receipts	80,180	8,449	88,639	93,535
PAYMENTS				
Staff costs	32,805	-	32,805	31,354
Premises costs	50,390	-	50,390	31,765
Office costs	1,079	-	1,079	1,432
Equipment	479	-	479	3,486
Group costs	3,344	6,663	10,007	10,930
Fundraising & PR	649	2,162	2,811	5,980
Volunteer costs	430	-	430	889
Miscellaneous	91	-	91	5
<i>Sub total</i>	89,266	8,825	98,091	85,840
Asset and investment purchases, etc				-
Total payments	89,266	8,825	98,091	85,840
Net receipts / (payments)	(9,076)	(376)	(9,452)	7,695
<i>Transfers between funds</i>				-
<i>Cash funds last year end</i>	13,747	1,686	15,432	7,737
Cash funds this year end	4,671	1,310	5,980	15,432

STATEMENT OF ASSETS & LIABILITIES
For the year from 1 April 2017 to 31 March 2018

Cash funds		Unrestricted funds £	Restricted funds £	Endowment funds £
Bank		4,671	1,310	-
Cash in hand		-	-	-
	<i>Sub-totals</i>	<u>4,671</u>	<u>1,310</u>	-
	<i>Total cash funds</i>	<u>5,980</u>		
Other monetary assets		Unrestricted funds £	Restricted funds £	Endowment funds £
April 2018	Youth Activity Fund grant	-	1,520	
April 2018	Yorkshire Water refund	1,471	-	
Investment assets		Fund to which asset belongs	Cost (optional)	Current value (optional)
None				
Assets retained for charity's own use		Fund to which asset belongs	Cost £ (optional)	Current value (optional)
Electrical equipment		Unrestricted		
Furniture		Unrestricted		
Group equipment		Unrestricted		
IT equipment		Unrestricted		
Liabilities		Fund to which liability relates	Amount due (optional)	When due (optional)
Independent Examination fee		Unrestricted		

The accounts were approved by the Trustees and signed on their behalf by

Signatures	_____	_____
Full name	Kate Hill	
Position	Chairperson	Trustee
Date	date 2018	date 2018

NOTES TO THE ACCOUNTS

For the year from 1 April 2017 to 31 March 2018

1 Basis of Preparation

These accounts have been prepared on a receipts and payments basis in accordance with the requirements of The Charities Act 2011.

2 Taxation

The charity is not liable to income or capital gains tax on its charitable activities. Irrecoverable VAT is included in the asset cost or expense to which it relates.

3 Trustee and Related Party Transactions

- a) No expenses were paid to the Trustees during the year (2016-17 £0).
- b) No remuneration was paid to Trustees or any connected persons during the year (2016-17 £0)
- c) No related party transactions were undertaken during the year (2016-17 £0)